



The Information Network

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505-272-0281



Information Network



Library

Online and in person
resources and services



Tipsheets

Available in English
and Spanish



Finder

Cross-departmental
resource to find New
Mexico resources and
services



Information Specialist Helpine

Answers questions and
make referrals



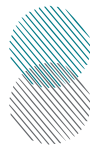
Medical Home Portal

For families and
professionals caring for
children and youth



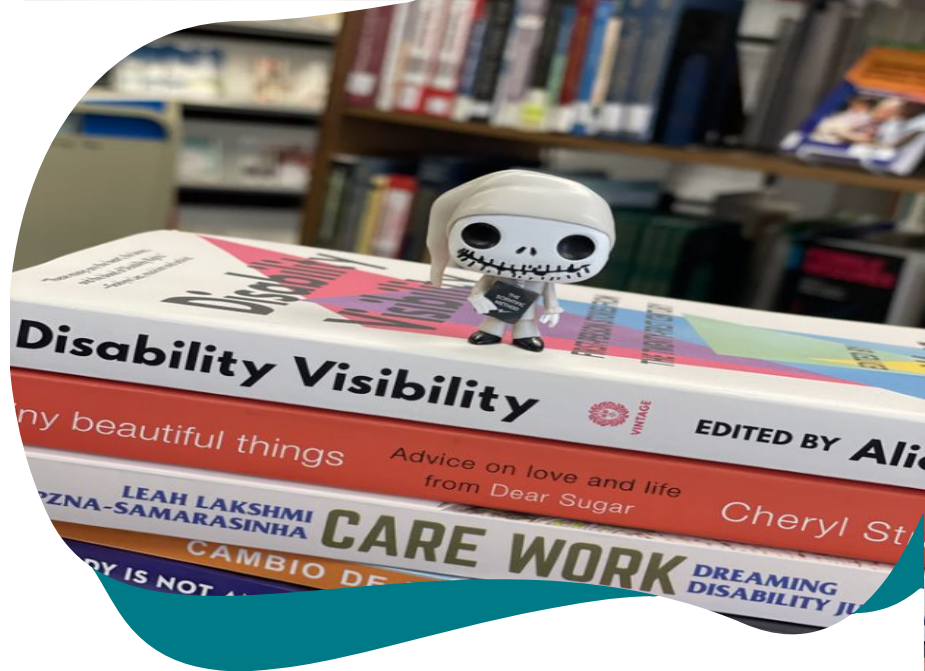
Training and Outreach

On all of the resources
and services discussed



OPEN BY APPOINTMENT

The CDD Information Network
Library is now open, by
appointment, Monday through
Friday 9 am to 5 pm.



What services and resources can you find at the library?

01

Over 9000 titles

And growing!

02

**Brochures,
tipsheets and flyers**

Across the CDD, UNM
and the whole state

03

**Assistive
technology and
toys**

Talking Books,
representative dolls
and more

04

**Periodicals and
References**

In library use only
materials

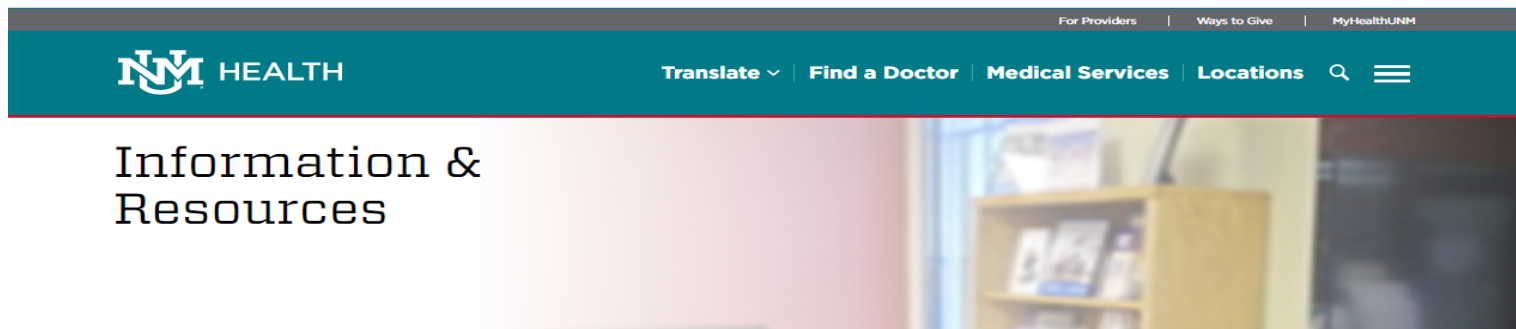
05

Me!

Research Assistance,
Homework Help,
Tech Tutoring and
more!



How do you get to the library catalog?



Health > Patient Care & Services > Developmental Disabilities > Programs > Other Disability Resources > Information Network

Other Disability Resources

[Information Network >](#)

[Information Network](#)

[Library](#)

[Tip Sheets & Resources](#)

[InfoNet Portal](#)

[Medical Home Portal](#)

[Babynet - Early Childhood](#)

[Tip Sheets for First Responders](#)

[Acerca De Los Consejos Para Primeros Intervinientes](#)

Information Network

We invite you to contact the Information Network for your information and resource needs. The Information Network is funded in part through the New Mexico Developmental Disabilities Planning Council (NMDDPC).

You may call, visit us on site or contact us by email. You may also search our on-line [Library Catalog](#) or the [Resource Directory](#) to locate disability resources at anytime.

Our Contact Information

Information Specialists:
505-272-8549

Library Services:
505-272-0281

HSC-InfoNet@salud.unm.edu

2300 Menaul Blvd. NE
Albuquerque, NM 87107

<https://unmhealth.org/services/development-disabilities/programs/other-disability-resources/information-network/>

CDD Resource and Instruction Links

- [Library email](#)
- [Library info](#)
- [CDD Information Network Homepage](#)
- [Information Network Resource Portal](#)
- [CDD Sebco eBooks Login](#)
- [CDD Cloud Library eBooks Login](#)
- [Video tips to access CDD Library Catalog HIA CC](#)
- [Medical Home Portal](#)
- [Video tips to access Medical Home Portal HIA CC](#)
- [MedlinePlus](#)
- [Video tips to access MedlinePlus.gov HIA CC](#)
- [Community Education Resources](#)
- [New Mexico Technology Assistance Program](#)
- [National Library Service for the Blind and Print Disabled](#)
- [Bookshare](#)
- [University of New Mexico Health Sciences Library & Informatics Center](#)
- [Español](#)
- [Español Bienvenidos](#)

WELCOME TO YOUR INFORMATION NETWORK LIBRARY

The University of New Mexico (UNM) Center for Development and Disability (CDD) Information Network Library is a special library that contains the largest collection of disability-specific adult and children's books, eBooks, eAudiobooks, periodicals, and journals in the state of New Mexico.

All New Mexico residents are eligible for a library card. To register for a library card, go to "My Account" and select "Register Now" on the right hand side. You will shortly receive an email confirming your registration and a physical library card will be mailed to the provided mailing address.

We are currently open for in person use by appointment. To make an appointment, please contact us by email or phone.

For patrons who live outside of the Albuquerque area or are otherwise unable to come in to the library, our materials are available for circulation through the mail. We can mail most of our titles to any address in the state of New Mexico - at NO cost to you! For more information or to request an item to be mailed to you, please contact us by email or phone.

Advanced Search

Word(s)	<input type="text"/>	AND	<input type="text"/>
Title	<input type="text"/>	AND	<input type="text"/>
Author	<input type="text"/>	AND	<input type="text"/>
Select field-	<input type="text"/>		

[Search](#) [Start Over](#)

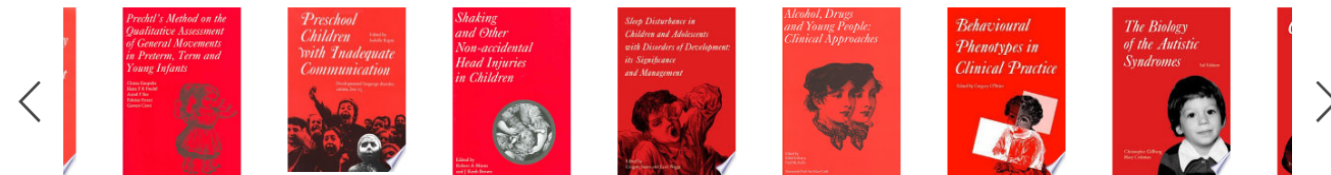
☒ Options selected !

☒ Hide categories

Select category:

☒ Show tips

Featured Titles



CONTACT INFORMATION

Library:
505-272-0281
844-231-5003

Information Specialists:
505-272-8549
800-552-8195

Questions or Requests?
Ask Your Library!
Email:
HSC-InfoNet@salud.unm.edu

Powered by EOS

Announcements:

The University of New Mexico (UNM) Center for Development and Disability (CDD) Information Network Library is currently open to in-person use by appointment. Please call or email us to make an appointment.

Library Catalog

<https://c95037.eos-intl.net/C95037/OPAC/Index.aspx>

Cloud eBooks



<https://ebook.yourcloudlibrary.com/library/cddin/Featured>



NM THE UNIVERSITY OF
NEW MEXICO

Search by title, author, series or subject

Featured Browse My Books Login

Dyslexia ebooks and eAudio books

VIEW ALL (12)



New Mexico LEND Program

VIEW ALL (4)



Pediatric Resident List

VIEW ALL (3)





505-272-8549

Toll Free: 800-552-8195

Any disability related question,
any time



Information Help Line





Tipsheets



Information Network Portal

[Home](#)[Community Providers](#)[Tipsheets](#)[Videos & Resources](#)[Newsletter](#)[Contact Us](#)[Log In](#)

Community Providers

Search a comprehensive list of disability-specific community providers

[Read more »](#)

Tipsheets

Informational tipsheets covering numerous disability-related topics

[Read more »](#)

Videos & Resources

Watch instructional videos, presentations, and download local resources

[Read more »](#)

Medical Home Portal

Understand children's medical conditions and their related care processes

[Read more »](#)

CDD Library

Special collections library containing electronic and hard copy materials

[Read more »](#)

cdd.health.unm.edu/infonet





DD Waiver Allocation of Services

Once a person or guardian applies for the DD Waiver, they are placed in the Central Registry. Once documentation is received to determine they meet criteria, then they are placed on the waiting list. When a spot becomes available, the person or guardian will receive a letter called the Primary Freedom of Choice (PFOC). Once this is received, a decision must be made to choose either **Mi Via** or **Traditional DD Waiver** services. See below for Mi Via and Traditional DD Waiver service highlights.

Mi Via Services

What is Mi Via?

Mi Via, which means "my way" in Spanish, is the State of New Mexico's self-directed waiver program. This is a participant-directed model. Participants will be assigned a consultant to guide and support participants in managing the budget, services, and supports.

Mi Via Budget

Under 18 years = \$23,443
18-21 years = \$68,589
Over 21 years = \$72,710

Mi Via Consultants will explain how this money can be used to access services and supports.

Important Information: Employer of Record

Participants must have someone who can be the Employer of Record (EOR). This is an unpaid role that finds and hires employees, approves timesheets, etc. This person cannot be a paid employee.

The EOR, Guardian, and participant choose what employees to hire and what vendors to use.

Traditional DD Waiver Services

What is the DD Waiver?

The Developmental Disabilities (DD) Waiver program, also known in New Mexico as the "Traditional DD Waiver", is an agency-based model. The DD Waiver offers services such as case management, therapies, respite, community-integrated employment, residential services, and more.

DD Waiver Individualized Service Plan

In this agency-based model, the participant will choose a case management agency who will help them develop a plan of service, help them choose community provider agencies that will provide services and complete an individualized service plan.

Important Information: Monthly Meetings

Participants must be willing to commit to monthly meetings with their case manager. They will also have an interdisciplinary team that will help decide what services and supports will be in place.



Exención por DD Asignación de servicios

Una vez que una persona o tutor solicita la exención por DD, se incluyen en la lista del Registro Central. Cuando un lugar esté disponible, la persona o tutor recibirá una carta llamada Libertad Primaria de Elección (PFOC). Una vez la reciba, se debe de tomar una decisión para elegir los servicios de la **exención de Mi Via** o **por DD tradicional**. Consulte abajo los puntos más destacados de los servicios de la exención de Mi Via y por DD tradicional.

Servicios de Mi Via

¿Qué es Mi Via?

Mi Via, que significa "a mi manera" en español, es el programa de exención autónomo del Estado de Nuevo México. Este es un modelo dirigido por el participante. A los participantes se les asignará un consultor para que los guíe y apoye en la administración del presupuesto, los servicios y los apoyos.

Presupuesto de Mi Via

Menores de 18 años = \$23,443
Entre 18 y 21 años = \$68,589
Mayores de 21 años = \$72,710

Los consultores de Mi Via explicarán cómo se puede usar este dinero para acceder a los servicios y apoyos.

Información importante: Empleador de registro

Los participantes deben tener a alguien que pueda desempeñarse como Empleador de registro (EOR). Esta es una función no remunerada que busca y contrata a los empleados, aprueba las planillas de horarios, etc. Esta persona no puede ser un empleado pagado. El EOR, el tutor y el participante eligen qué empleados contratar y qué proveedores usar.

Servicios de exención por DD tradicional

¿Qué es la exención por DD?

El programa de Exención por discapacidades del desarrollo (DD), también conocido en Nuevo México como la Exención por DD tradicional, es un modelo basado en agencia. El programa de Exención por DD ofrece servicios como administración de casos, terapias, relevo, empleo integrado en la comunidad, servicios residenciales y más.

Exención por DD Plan de servicio individualizado

En este modelo basado en agencia, el participante elegirá una agencia de administración de casos que lo ayudará a desarrollar un plan de servicio, elegir agencias proveedoras de la comunidad que le prestarán los servicios y completar un plan de servicio individualizado.

Información importante: Reuniones mensuales

Los participantes deben estar dispuestos a asistir a reuniones mensuales con el administrador de casos. También habrá un equipo interdisciplinario que ayudará a decidir qué apoyos y servicios se prestarán.

Call the UNM CDD Information Network with any questions / 505.272.8549

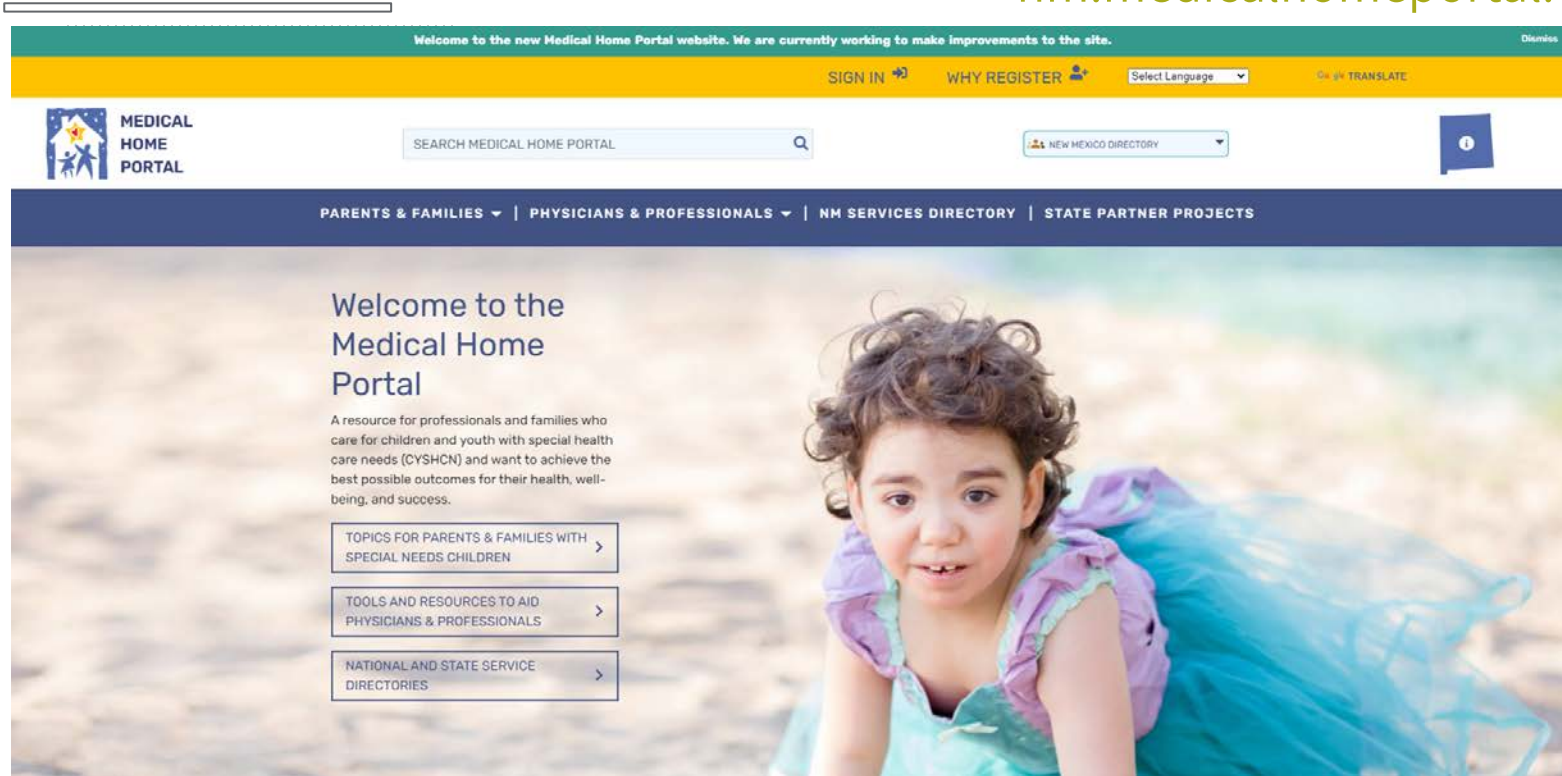
This project was supported, in part by grant numbers 1901NMSCDD-01 and 2001NMSCDD-01, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.

Revised 10/11/2022

Llame a la Red de información de UNM CDD si tiene alguna pregunta / 505.272.8549

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Revisado el 10/11/2022



Medical Home Portal

Parents & Families

PARENTS & FAMILIES
CARING FOR YOUR CHILD & FAMILY | **LEARNING ABOUT DIAGNOSES & CONDITIONS**

PHYSICIANS & PROFESSIONALS ▶
NM SERVICES DIRECTORY
STATE PARTNER PROJECTS

HOME / PARENTS & FAMILIES / LEARNING ABOUT DIAGNOSES & CONDITIONS / ANXIETY DISORDERS

PRINT SHARE GET HELP IN NEW MEXICO

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Learning About Diagnoses & Conditions ^
Angelman Syndrome
Anxiety Disorders
Arginase Deficiency
Asthma
Attention Deficit Hyperactivity Disorder ADHD
Autism Spectrum Disorder
Biotinidase Deficiency
Celiac Disease
Cerebral Palsy
Charcot-Marie-Tooth Disease (CMT)
Childhood Absence Epilepsy
Childhood Obesity
Constipation
Cornelia de Lange Syndrome
Cystic Fibrosis
Depression
Down Syndrome
Duchenne & Becker Muscular Dystrophies
Fabry Disease
Fatty Acid Oxidation Disorders (MCADD LCHADD VLCADD)
Fetal Alcohol Spectrum
Foster Care
Fragile X Syndrome
Galactosemia

Anxiety Disorders

What is an anxiety disorder?
What causes anxiety disorders?
What are the symptoms?
How is it diagnosed?
What is expected outcome?
Will anyone else in the family get an anxiety disorder?
What is the treatment?
How will family's life be changed?
What are the recommendations for treating anxiety in children with autism spectrum disorder?
What are the recommendations for treating anxiety in children with ADHD?
How long should a child with anxiety disorder be treated with medications?
How long is "reasonable" to allow a child to adjust to an anxiety-provoking situation such as a move without being evaluated and/or treated for an anxiety disorder?
Resources

Answers to questions families often have about caring for their child with anxiety disorders

What is an anxiety disorder?

Anxiety disorders cause extreme feelings of fear and worry. They may also cause changes in a child's mood, sleep, and behavior. Anxiety disorders are common in children and adults. Anxiety disorders often coexist with other conditions, including those that affect children with special health care needs. There are several specific anxiety disorders, such as obsessive-compulsive disorder, panic disorder, separation anxiety, social anxiety disorder, and others.

There are many specific types of anxiety disorders, but generally speaking, all anxiety disorders:

- cause excessive or persistent fear and worry that is out of proportion to the cause of stress
- last for several months or longer
- are different from anxiety that is normal for the child's developmental age

<https://nm.medicalhomeportal.org/living-with-child/diagnoses-and-conditions---faqs/anxiety-disorders>

Physicians & Professionals

PHYSICIANS & PROFESSIONALS
PROVIDING A MEDICAL HOME | **DIAGNOSES & CONDITIONS** | NEWBORN SCREENING

PARENTS & FAMILIES ►
NM SERVICES DIRECTORY
STATE PARTNER PROJECTS

HOME / PHYSICIANS & PROFESSIONALS / DIAGNOSES & CONDITIONS / ANXIETY DISORDERS

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Overview

- Other Names/Coding
- Prevalence
- Genetics
- Prognosis
- Practice Guidelines
- Medical Home Roles

▼ Clinical Assessment

- Overview
- Pearls & Alerts
- Screening
- Presentations
- Diagnostic Criteria
- Differential Diagnosis
- Comorbid Conditions
- History & Examination
- Testing

▼ Treatment & Management

- Overview
- Pearls & Alerts
- Managing Common

Anxiety Disorders

Overview

Anxiety is defined as "anticipation of future threat." [American: 2013] Children with anxiety disorders tend to be worriers and can seem irritable or easily embarrassed. Specific disorders addressed in this module are:

Agoraphobia	Selective mutism
Anxiety disorder due to another medical condition	Separation anxiety disorder
Generalized anxiety disorder (GAD)	Social anxiety disorder (social phobia)
Obsessive-compulsive disorder (OCD)	Specific phobia
Other specified anxiety disorder	Substance/medication-induced anxiety disorder
Panic disorder	Unspecified anxiety disorder
Post-traumatic Stress Disorder (PTSD)	

To meet diagnostic criteria, the anxiety must cause significant daily distress or limit normal functioning; represent a distinct change from the patient's baseline behavioral and emotional functioning; not be caused by a medication, substance abuse, or other psychiatric or medical issues (unless defined as such); and be differentiated from anxiety that is normal for the child's developmental level. Such anxiety is also generally persistent and not a temporary, short-term reaction to a stressor. Children and youth with special health care needs (CYSHCN) are at increased risk for mood disorders, including anxiety and depression. [Houtrow: 2011]

Obsessive-compulsive disorder (OCD) and post-traumatic stress disorder (PTSD) are no longer classified as anxiety disorders, reflecting an evolving understanding of their neurobiology. However, because anxiety remains a prominent feature and their treatments are similar to other anxiety disorders, they are discussed in this module.

Other Names & Coding

ICD-10 coding

F06.4. Anxiety disorder due to a known physiologic condition

<https://nm.medicalhomeportal.org/diagnoses-and-conditions/anxiety-disorders>



Let Us Guide You Step By Step.

Narrow down your search to a smaller, precise list of resources.

✓ [Start Your Journey](#)

Welcome to New Mexico Disability Resource FINDER.

Explore our directory of services, programs and helpful articles for the disability community. Follow our step-by-step guide to find the right information. You can narrow your search by continuing to choose additional options as they are displayed. Learn more about using this website in our [video introduction](#).

💬 [Sign Up for Feedback Surveys](#)

Seek. Discover. Connect. Inform.

📅 [Events Calendar](#)

Submit a listing – It is quick and easy!

Help others find your information.

[Submit Now](#)



FINDER

FINDER Search

FINDER

Find a listing for your information

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Diagnosis

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Addictions

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Advocacy

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Basic Needs

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Bullying

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Communication

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Direct Care

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Education

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Employment

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Equipment

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Family / Youth Support

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Financial Assistance

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Guardianship / Alternatives

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Healthcare

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Housing / Homelessness

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Information / Resources

+

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Insurance

+

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Intervention

+

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Legal

+

?

Personal Finance

+

?

Recreation / Entertainment

+

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Respite Care / PAC

+

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Sexuality

+

?

Social Skills / Inclusion

+

?

Transportation

+

?

Veterans

Submit a listing – It is quick and easy!

Help others find your information.

Submit Now

BACK TO TOP

Training and Outreach



“In-reach”

- Library programming
- Halloween



Conferences and Events

- Representing the whole CDD



Presentations

- In person
- Online



THANKS!



Do you have any questions?

Cdd.health.unm.edu/infonet

505-272-0281

HSC-InfoNet@salud.unm.edu

CREDITS: This presentation template was created by **Slidesgo**, including icons by **Flaticon** and infographics & images by **Freepik**

**And a big shout out to our student worker
Nicole Jaramillo-Martinez for her photos**

